



List of material for the
Workshop with Zan Barrage

If you have any questions,
call or text Zan at:

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Watercolours

Thank you for joining the workshop. We are going to have a lot of fun and do a lot of work. By the end of the workshop I hope you will have more confidence in your work and you will have more tools and methods to paint in watercolour.

First things first. I want to make sure that we all have good tools and material for the workshop. The right tools and colours make a big difference. Having said that, if you feel that anything on the list below duplicates what you already have, please share that with me. I don't want you to spend more money than you have to in order to make the workshop enjoyable and a good learning experience.

BRUSHES:



Round #8, #10 & #12. These will be your work-horses so choose them wisely. There are good synthetic brushes out there so I am not going to ask you to buy Kolinsky Sables. Above ground have their own brand which is excellent for our purposes. The white Taklon or Gold Toray series are just fine.

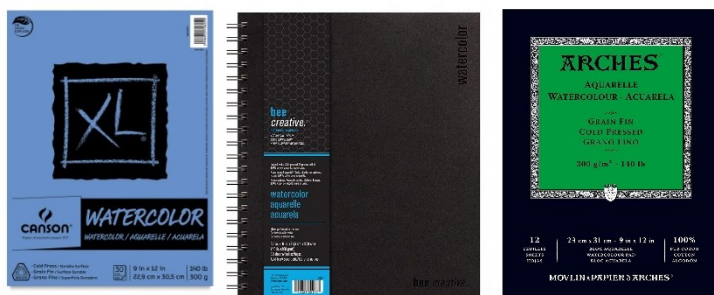
Mop brush #4 or #6 Neptune brand at Curry's or Above Ground \$\$, Raphael or Da Vinci at Deserres \$\$\$

If you can't find the mop, or it is too expensive for you, an alternative that still works in a "HACK" brush 1" not bigger please. These are made with goat hair (white) and hold a lot of water similar to the mop.

PAPER & PADS

We are going to be doing a lot of exercises both in class and at home so we will need a lot of paper. I have found that for exercise there are a lot of choices of student grade paper that will work just fine for us. That should save you a lot of money. Here is what you will need (See picture for easy reference).

A cheap pad of Canson watercolour (9"x12") the one in the blue cover. This is good for our first exercises in actual painting. They should have 20-30 pages in them which will be great. A substitute is **Fluid Pad** or any of the cheaper watercolour pads that are out there.



A pad of Arches 140lb cold pressed paper 9"x12" (Green and Black). We will do our finished work on this one. You can also get a **Fabriano Artistic (NOT STUDIO)** pad if you prefer. Don't buy the block which is much more expensive because it is glued on all sides. This should be between \$16 and \$24.

A pad of 100% cotton watercolour paper by Bee Company is also a great addition. It is sold sometimes at Deserres but make sure it is 100% cotton not 25%. You can also find all these on amazon.ca.

COLOURS



You may have a set of colours already. If so, I don't want you to buy new ones as long as the ones you have are **ARTIST QUALITY** paints. So please look through your paints and make sure they say **PROFESSIONAL** or **ARTIST QUALITY** on the tubes or pans. There are only a few brands of artist quality

paints sold in Ontario. They are by order of preference for me:

- Da Vinci Artist Watercolours
- Daniel Smith
- H. Graham
- Holbein
- Grumbacher watercolour paints (**Not Academy**)
- Winsor & Newton (**Artist not Cotman**) paints
- QOR

There are also mid-range colours that I can recommend for those who are on a budget. There are only two brands that are in that range now:

- **SHINHAN PWC Watercolours** sold at **Deserres**,
- and **Turner Watercolours** sold at **Above Ground**.

These two brands give you better quality paints but at a lower price than the high end paints. They still work very well and I recommend them.



The ones we don't want are:

- Yarka
- Winsor & Newton **Cotman** colours
- Van Gogh
- Reeves
- Grumbacher Academy
- Art Loft
- Marie
- Anything else that you find.

OK, now for the actual paints. **Here is a list of the ones I recommend.** If you have any, great. If you have something that you believe is similar, please email me to make sure. You don't have to buy all of these in one shot, but you will need the top 6 for sure.

- Hansa Yellow Light, Lemon Yellow or Cadmium Lemon
- Indian Yellow, New Gamboge or Cadmium Yellow
- French Ultramarine Blue
- Phthalo Blue (Green Shade)
- Permanent Red, Cadmium Red or Cadmium Scarlet
- Alizarin Crimson or Carmine
- Oxide of Chromium



These extra ones are nice to have but not necessary at the start.

- Permanent Sap Green or Hooker's Green
- Yellow Ochre
- Burnt Sienna
- Van Dyke Brown
- Chinese White



A week before the workshop, decant your colours into the palette paint holders and let the colours dry overnight.

Palette:

Last but not least you will need a palette to work from. The best and easiest to use and available locally are plastic palettes with wells for colours and ample area to mix your paints. All art store have good ones but here are a few to consider:



I have tried to make this an easy shopping list to avoid store staff guiding you to the wrong material which unfortunately happens a lot. If you are stumped or can't find something best to text me or call me than to rely on

the staff at the store. Not all of them are knowledgeable unfortunately and I have had many disappointments.

Also PLEASE DO NOT BUY ART MATERIAL FROM MICHAELS. I know you have a 40% coupon and you are getting a discount but what they have is priced MORE than twice than the art stores and you may feel you are getting a deal when you are not.

UPDATE:

If you are in my beginner's classes and are buying a new set of watercolours this is good news for you.

Deserres (and I hope other stores) are selling an excellent package of Daniel Smith colours that are perfect as a starter set for our class. The total cost is around Cdn\$49 which is not bad at all. Here is the description:

Daniel Smith Extra Fine Watercolour
Essentials - Set of 6

5ml Tubes

Set includes the following colours:

Hansa Yellow Light, New Gamboge,
Quinacridone Rose, Pyrrol Scarlet,
Pthalo Blue (Green Shade) and
French Ultramarine.

Please make sure that the set
includes the colours above. There
are other sets and they are not suitable for our needs.



Other items you will need

- Pencil 2b,3b or 4b.
- Kneaded Eraser.
- Board to tape your paper to. I use corrugated plastic which is very light and easy to carry a sheet of 12"x16" is great.
- Paper towel roll
- A simple cheap sketch book for pencil sketches when we need them.

Additional Items for Plein Air workshops

- Easel or pochade or other method of holding up your paper when painting outdoors
- Water container and water

Desirables for Plein Air Workshops

- Hat
- Umbrella
- Folding chair or stool
- Drinking water and snack
- Wear loose clothes and layers
- Sun glasses (gray if you wish to paint while wearing them)
- Sun screen lotion

Items to Avoid for Plein Air Workshops

- Coffee and other diuretics
- Open shoes
- Alcohol
- Smokes

